



FOR IMMEDIATE RELEASE:

## RICHARDS OIL & GAS LIMITED ANNOUNCES DIRECTOR RESIGNATION

**Calgary, Alberta, September 21, 2009 -- Richards Oil & Gas Limited, (TSX Venture: RIX)** announces today that Mr. Roy Smitshoek has resigned from the Board of Directors of Richards Oil & Gas Limited. New corporate initiatives that Roy's current employer has embarked on have increased considerably the demands on his time and as a result Roy needed to step down as Director of Richards Oil & Gas Limited. The Board of Directors would like to thank Roy for his efforts and the dedication to Richards Oil & Gas Limited over the past couple of years and wish him well in his future endeavours.

For more information on Richards Oil & Gas Limited, please contact:

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Richards Oil & Gas Limited  
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Richards Oil & Gas Limited  
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*The TSX Venture Exchange has not reviewed and does not accept responsibility  
for the adequacy or accuracy of this news release.*